

INSTRUCTIONS: Print and laminate the **VISUAL ROUTINE** pages. Then, use a camera (ideally an instant print camera) to take pictures of each step in the routine; or using the cards on the latter pages, you can also draw a picture and write a short description of each step in the routine. After creating the cards, laminate them, cut them out, and attach them with velcro, tape, etc.

Use the following language to tell your child what they are getting ready to do.

“IT IS TIME FOR/TO _____.”

Eg, “It is time to start your bedtime routine,” or “It is time to get ready for bed,” or “It is time to change your diaper.”

This can be applied to any age group, just change the steps.

For example, “It is time to start your homework,” or

“It is time to complete your chores.”

With young children, use no more than 6 steps.

VISUAL ROUTINE

“IT IS TIME FOR/TO _____.”

STEP #1

Place picture (or drawing)
and short written
description
of step in the routine here.
Attach cards
with velcro or tape.

STEP #2

Place picture (or drawing)
and short written
description
of step in the routine here.
Attach cards
with velcro or tape.

STEP #3

Place picture (or drawing)
and short written
description
of step in the routine here.
Attach cards
with velcro or tape.

STEP #4

Place picture (or drawing)
and short written
description
of step in the routine here.
Attach cards
with velcro or tape.

STEP #5

Place picture (or drawing)
and short written
description
of step in the routine here.
Attach cards
with velcro or tape.

STEP #6

Place picture (or drawing)
and short written
description
of step in the routine here.
Attach cards
with velcro or tape.

With young children use 2 or 3 steps, but use no more than 6 steps.
The following pages allow you to number additional steps for older children.

STEP # ____

Place picture (or drawing)
and short written
description
of step in the routine here.
Attach cards
with velcro or tape.

STEP # ____

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description
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Attach cards
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STEP # ____

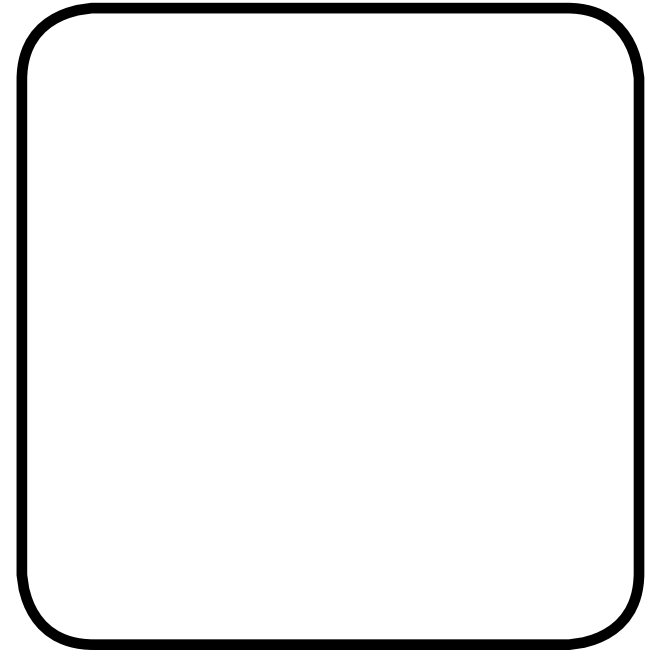
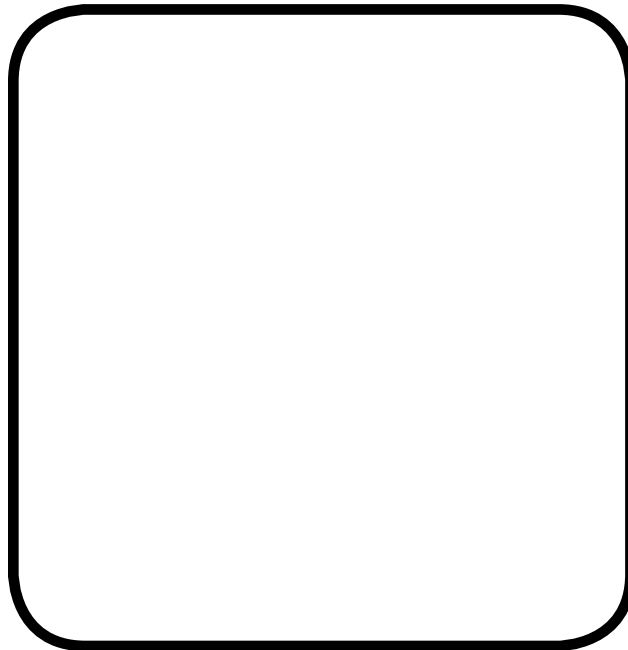
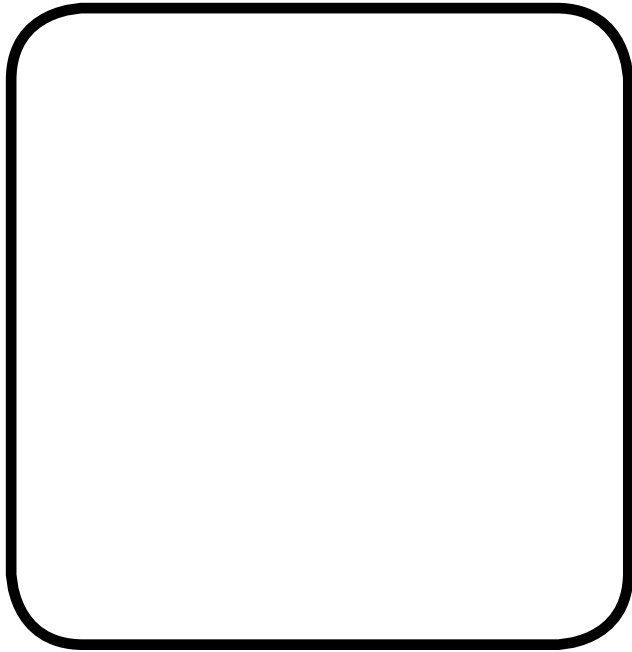
Place picture (or drawing)
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description
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Attach cards
with velcro or tape.

STEP # ____

Place picture (or drawing)
and short written
description
of step in the routine here.
Attach cards
with velcro or tape.

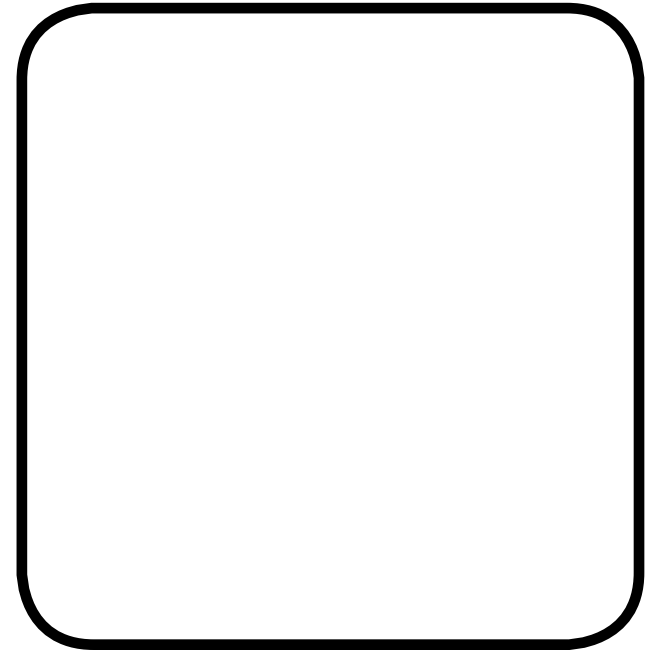
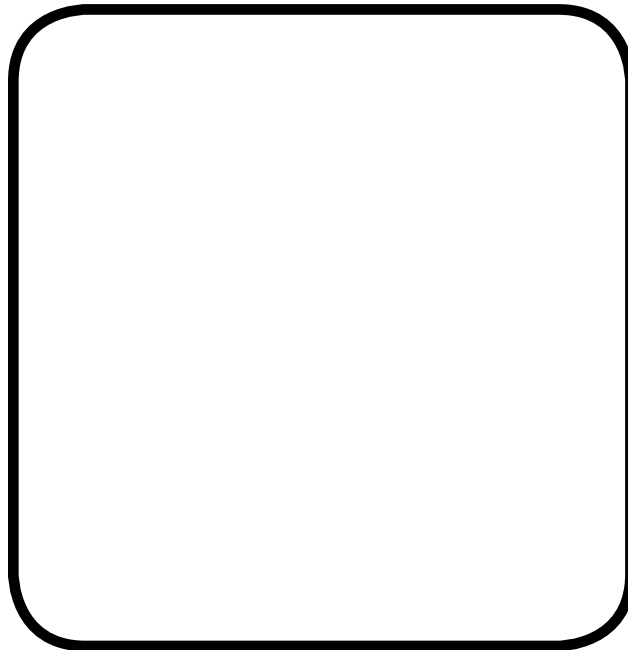
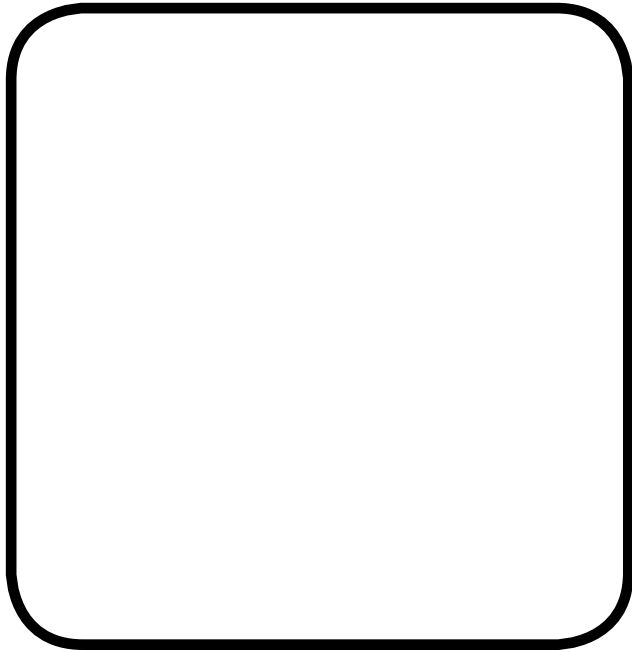
Use these cards to draw a picture
(or have your child draw a picture)
of the step in the routine.

You can also write a short
description.



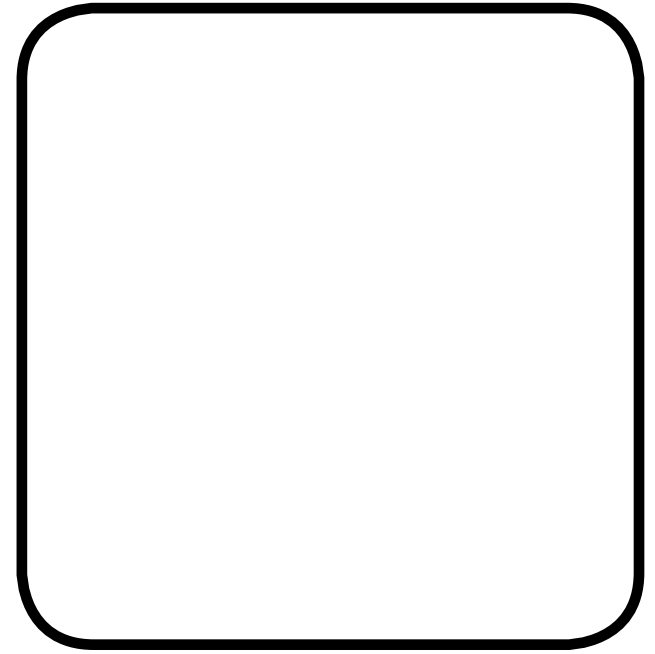
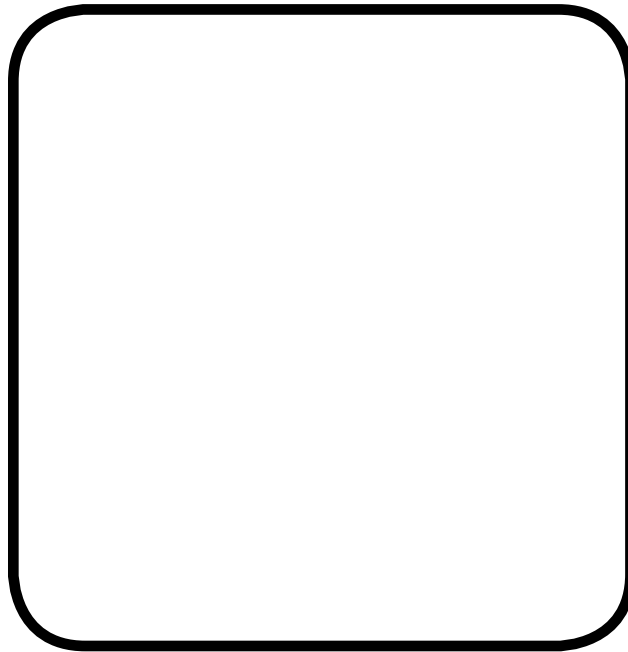
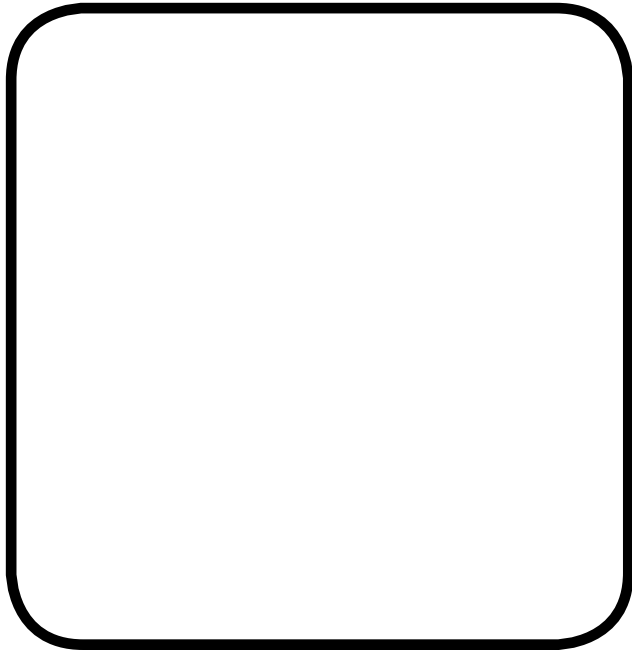
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